

Vysapuri, Bandlaguda Post:Keshavgiri,
Hyderabad-500 005, Telangana INDIA
Tel: 040-64596979,20020773,,Fax: 040-24455003
E-mail: principal.mahaveer@gmail.com,
Website: www.mist.ac.in,

MAHAVEER

INSTITUTE OF SCIENCE & TECHNOLOGY

Approved by AICTE, Affiliated to JNTUH,Hyd.



CIRCULAR

Date: 28-12-2020

All the students are hereby informed that our institution is conducting a one week Yoga and body fitness short term course by ISHA yoga organization at our campus from (04-01-2021 to 09-01-2021) from 10:00 A.M. to 11:00 A.M. Hence Yoga is helps in maintaining physical, mental and spiritual health. All the students are instructed to utilize the opportunity for all-round development.

Faculty I/C: Physical Director

PRINCIPAL

Principal Copy to:

1. Secretary for information
2. Director
3. Principal
4. All Hod's

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42.	20E31A0562	NAKREKANTI CHAITHANYA	CSE
43.	20E31A0563	P HARSHITH KUMAR	CSE
44.	20E31A0564	PARANDA VANI	CSE
45.	20E31A0565	PARUNANDI PRASHANTH	CSE
46.	20E31A6617	MOHAMMED FAHAD	CSM
47.	20E31A6618	MOHAMMED KHAJA MOINUDDIN	CSM
48.	20E31A6619	MOSALI LALITH KRISHNA REDDY	CSM
49.	20E31A6620	NAREDDY RANADHEER REDDY	CSM
50.	20E31A6621	NEELAM YASHWANTH	CSM
51.	20E31A6622	P. ARUN KUMAR REDDY	CSM
52.	20E31A6623	PABBA ABHINAY	CSM
53.	20E31A6624	PILLI RAHUL MAHENDRA	CSM

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LIST OF STUDENTS REGISTERED FOR YOGA AND BODY FITNESS IN 2020-21

S. NO.	ROLL NO.	NAME OF THE STUDENT	DEPT.
1.	20E31A1201	ADEPU RAHUL	IT
2.	20E31A1202	AITHA ASHWINI	IT
3.	20E31A1207	GAWLE ANURAGSAI	IT
4.	20E31A1208	HASSAN BIN SALEH	IT
5.	20E31A1209	KADAM LAXMIKANTH	IT
6.	20E31A1213	KOTHAPELLY ARCHAN REDDY	IT
7.	20E31A1214	MEDIPALLY NAMRATHA MANI SREE	IT
8.	20E31A2101	AASTHA	AERO
9.	20E31A2102	AFIFA KALEEM	AERO
10.	20E31A2110	MALLELA DAYASAGAR	AERO
11.	20E31A2111	MD KANZUR RAHMAN WAJAHATH	AERO
12.	20E31A2112	MIRZA ABDUL ARYAN BAIG	AERO
13.	20E31A2113	MOHAMMAD FAYAZ	AERO
14.	20E31A2114	MOHAMMED ABDUL MAJEED	AERO
15.	20E31A2124	SYED SAAD BIN ISMAIL	AERO
16.	20E31A2125	THADAGONI SAI NITHISH GOUD	AERO
17.	20E31A0104	C. SAMYUKTHA	CIVIL
18.	20E31A0105	DAIDA NAVEEN	CIVIL
19.	20E31A0106	DEVASOTH VAMSHI	CIVIL

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20.	20E31A0304	MOHD ARFATH	MECH
21.	20E31A0305	MOHD. DASTAGEER	MECH
22.	20E31A0410	CHITTEM VENKATESH	ECE
23.	20E31A0411	DEVERASHETTY AKHILA	ECE
24.	20E31A0412	DEVIREDDY HARSHITHA	ECE
25.	20E31A0413	DEVULAPALLI RAJ KUMAR	ECE
26.	20E31A0414	DINASARAPU JAYA PRAKASH NARAYANA REDDY	ECE
27.	20E31A0415	ETTEDI SANDHYA	ECE
28.	20E31A0524	MUKKIDI PRASHANTH	CSE
29.	20E31A0525	MYNA	CSE
30.	20E31A0526	P NITHISH	CSE
31.	20E31A0527	P YUGANDHAR REDDY	CSE
32.	20E31A0528	PASHAM TARUN	CSE
33.	20E31A0529	PERUGU VINAY KUMAR	CSE
34.	20E31A0530	POLA ANUSHA	CSE
35.	20E31A0531	RAMAGIRI DHANISH VARMA	CSE
36.	20E31A0556	MEENUGU SRINIVAS	CSE
37.	20E31A0557	MEKALA ISHANTH KUMAR	CSE
38.	20E31A0558	MOHAMMED MAAZ	CSE
39.	20E31A0559	MOHAMMED SARFARAZ	CSE
40.	20E31A0560	MOKALLA ISHWARYA	CSE
41.	20E31A0561	MUSTAFA SHAREEF	CSE

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Yoga and Meditation

Mahaveer Institute of Science & Technology has organized a one week Yoga and body fitness Camp by ISHA yoga organization from 04-01-2021 to 09-01-2021. Students are encouraged to practice Yoga and Meditation. During preplacement training, Yoga is made mandate for all the students. Apart from this, Yoga day is also celebrated every year.



Students participated in Yoga and body fitness in ground

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